

September 2026



**EMPOWERED
ADULT
SERVICES**

PROGRAM LINE

(480) 392-4158

CONTACT US

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Monday	Tuesday	Wednesday	Thursday	Friday
31 Journals! Walmart Shopping: Group C	1 Morning Zumba Birthday Celebration for Willie Buc-ee's: Group D	2 Why Wednesday Wii Wednesday! Superstition Farm : Group A Happy Birthday Rachel & Kalona!	3 Throwback Thursday Thank You Cards Elevate: Group B	4 Dolly Day (wear your fav Dolly parton Get Up) Just Dance Competition Chili's: Group C
7 Closed Labor Day	8 Chair Yoga Tornado in a Bottle Buc-ee's: Group A Staff Appreciation Week	9 All About Me Wii Wednesday Superstition Farm: Group B	10 Life Skills! Theatre Thursday Elevate: Group C	11 Fun Friday Karaoke Friday Chili's: Group D
14 Speeches! Sensory! Winco Shopping: Group A	15 LoFi Meditation! ThunderStorms Buc-ee's: Group B	16 Why Wednesday Wii Wednesday! Superstition Farm: Group C	17 Life Skills! This or That Group activity Elevate: Group D	18 Dress Like your Favorite Staff! Karaoke Friday! Chili's: Group A
21 Speeches! Deal or No Deal Earth Wind & Fire Dedication Fry's Shopping: Group B	22 Hip Hop Workouts Thoughtful Tuesdays Buc-ee's: Group C	23 Wii Wednesday Science! Superstition Farm: Group D	24 Life Skills! Thinking errors and what they mean Elevate: Group A	25 Fun Friday Last Day for the Slip & Slide (IF THE WEATHER PERMITS IT) Chili's: Group B
28 Public speaking! Dollartree: Group C	29 Speeches Hot(Mild) Yoga 5Below: Group D	30 Wii Wednesday! Arizona Museum of Natural History: Group A	1 Life Skills! Chik Fil A for Lunch: Group B	2 Favorite Season Karaoke! Vertuccio Farm: Group C

GROUP:

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Empowered Adult Services Calendar Info:

-Buc-ee's- (Tuesdays) - (\$23.00) Transportation Included

1001 N Bullard Ave Goodyear, Az

*Return to program by 12:30pm

By popular demand! Members and staff will get to go explore the infamous Buc-ee's & purchase Lunch.

-Superstition Farm- (Wednesdays) - (\$7.00) Transportation Included

3440 S Hawes Rd Mesa Az 85212

*Return to program by 1:30pm

Members will join their staff and visit the Superstition Farm. During the visit Members will participate in the Petting Zoo experience. There is a \$ 4 admission fee.

-Elevate - (Thursdays) - (\$13.00) transportation Included

891 N Val Vista Dr. Gilbert Az

*Return to program by 2:15pm

Members will get to enjoy 90 minutes of Jump and Play time at the rate of \$10 due to the community we serve. Service providers will be free admission.

-Chili's Restaurant- (Fridays) - (\$28.00) Transportation Included

3917 S Gilbert Rd Gilbert, Az

*Return to program by 1:00pm

Members will get the chance to utilize the lifeskills we have been practicing in program, and of course those already instilled at home, to order and purchase their lunch while dining in with their friends and staff.

Please note that the DTA will be CLOSED Monday 9/7/2026 for Labor Day!

The last week of September will carry out into October. However, the 29th and 30th will be able to be covered in September via Wufoo. Thank you all for your continued Support in helping coordinate the best care for your loved ones. 😊

GROUP: