

October 2026



**EMPOWERED
ADULT
SERVICES**

PROGRAM LINE

(480) 392-4158

CONTACT US

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FB: Empowered Adult Services

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Monday

28

Journals!
Dollar Tree:
Group C

Tuesday

29

Morning Zumba
Tornado Study
5 Below: Group D

Wednesday

30

Why Wednesday
Wii Wednesday!
Arizona Museum of
Natural History
: Group A

Thursday

1

Throwback Thursday
Thank You Cards
Chik Fil A: Group B

Friday

2

Fav Horror Movie
Shirt
Karaoke Friday
Mother Nature's
Farm: Group C

5

Speeches!
Walmart Shopping:
Group D

6

Chair Yoga
Ghost Place Mats
5 Below: Group A

7

All About Me
Wii Wednesday
Arizona Museum of
Natural History
: Group B

8

Life Skills!
Theatre Thursday
Chik Fil A: Group C

9

Backwards Day
Fun Friday
Mother's Nature
Farm:
Group D

12

Speeches!
Sensory!
Whole Foods: Group
A

13

LoFi Meditation!
Harry Potter Trivia
5 Below : Group B

14

Why Wednesday
Wii Wednesday!
Arizona Museum of
Natural History
: Group C

15

Life Skills!
This or That Group
activity
Chik Fil A: Group D

16

MisMatch shoe
Day
In Service Program
Close At 1:30
Mothers Nature
Farm: Group A

19

Speeches!
Deal or No Deal
Earth Wind & Fire
Dedication
Trader Joe's: Group
B

20

Hip Hop Workouts
Thoughtful
Tuesdays
5 Below: Group C

21

Wii Wednesday
Science!
Arizona Museum of
Natural History
: Group D

22

Life Skills!
Thinking errors and
what they mean
Chik Fil A: Group A

23

Nightmare Before
Christmas Theme
**Arizona State
Fair Outing!**

26

Public speaking!
San tan Village:
Group C

27

Speeches
Hot(Mild) Yoga
Fat Cats: Group D

28

Wii Wednesday!
Odysea Aquarium:
Group A

29

Life Skills!
Denny's: Group B

30

Halloween
Costumes
BOO BASH ! 🎃
Slimeatory !

GROUP:

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Empowered Adult Services Calendar Info:

-5 Below- (Tuesdays) - (\$3.00) Transportation; Spending Money Required

1093 E Baseline Rd Gilbert, Az

***Return to program by 1:30pm**

Members and staff will get to go explore and browse fun trinkets and electronics at a low rate.

-Arizona Museum of Natural Museum- (Wednesdays) – (\$20.00) admission & Transportation Included

53 N Macdonald, Mesa Az 85201

***Return to program by 2:00pm**

The Arizona Museum for Natural History offers an educational and interactive experience where visitors can explore dinosaurs, ancient cultures, Arizona's natural history, and the science world around us.

-Chik-Fil-A - (Thursdays) - (\$3.00) Transportation; Spending Money Required

1664 S Stapley Dr. Mesa, Az

***Return to program by 12:15pm**

Members will get to go out to Chik Fil A with their appointed staff, order their food, sit and enjoy lunch with friends and staff.

-Mother Nature's Farm- (Fridays) - (\$20.00) Transportation, admission and activities included

3917 S Gilbert Rd Gilbert, Az

***Return to program by 1:00pm**

Members will get to enjoy fall season by visiting a family owned Farm located in the heart of Gilbert. Hayrides, a puumkin to take home amongst other fun activities for all ages.

Please note that the DTA will CLOSE EARLY Friday 10/16/2026 for In Service Training!

Friday 10/23/2026 The Entire DTA will be going to the ARIZONA STATE FAIR. We are asking that Chaperones and Volunteers join us. Details will be included in the Monthly Email.

The last week of October will carry out into November. However, the 27th, 28th, and 29th will be able to be purchased in November via Wufoo. Thank you all for your continued Support in helping coordinate the best care for your loved ones. 😊

GROUP: