# DEC2024 & EMPOWERED ADULT SERVICES

#### FOLLOW US!

**FB: Empowered Adult Services** 

IG: @empoweredadultservices

PROGRAM LINE

(480) 392-4158

**CONTACT US** 

(480) 525-8550

Friday	Thursday	Wednesday	Tuesday	Monday
6	5	4	3	2
Fun Friday!	Group Walk!	Tree Decoration!	Kenzie's!	 Journals!
Culinary: English	Caroling Practice!	Name that Tune!	Tree Decoration!	Speeches!
Muffin Pizza	-		Culinary: Sloppy Joes	
Thrift Store	QC Botanical Garden	Phoenix Zoo	Holiday Shopping	Culinary Shopping
Group: B	Group: C	Group: B	Group: A	Group: C
13	12	11	10	9
Fun Friday!	Group Christmas Wreath!	Gingerbread House!	Kenzie's!	Journals!
Culinary: BBQ	Zumba!	Caroling!	Ornament Decorating!	Speeches!
Chicken Sliders			Culinary: Fried Rice	
Thrift Store	QC Botanical Garden	Phoenix Zoo	Holiday Shopping	Culinary Shopping
Group: C	Group: A	Group: C	Group: B	Group: A
20	19	18	17	16
Fun Friday!	HOLIDAY PARTY!	Mindfulness Moment!	Kenzie's!	Journals!
Culinary: Pigs in a Blanket	Gift Exchange!	Hot Chocolate Tasting!	Caroling!	Speeches!
	•		Culinary: Baked	
Thrift Store		Phoenix Zoo	Macaroni & Cheese	Culinami Chaming
Group: A	QC Botanical Garden Group: B	Group: A	Holiday Shopping Group: C	Culinary Shopping Group: B
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27	26	25	24	23
	Classed to Observe	Cleard to Observe	Cleared to Observe	Holiday Scavenger Hunt! Journals!
Closed to Observe	Closed to Observe Holiday Break!	Closed to Observe Christmas!	Closed to Observe Christmas Eve!	Speeches!
Holiday Break!	Holiday Break:	Ginistinas:	Christinas Eve:	opecones.
			31	30
251	<b>you in 20</b> 2	Soo		•••
			Closed to Observe	Closed to Observe

Program Resumes on Thursday January 2, 2025

Closed to Observe New Years Eve!

Closed to Observe Holiday Break!

**GROUP:** 



## **EAS FOR YOUR INFROMATION:**

### Holiday Shopping at Five Below (Dates: 12/3, 12/10, 12/17, [\$10.00])

3763 S Gilbert Rd, Gilbert, AZ 85297

During our Holiday Party we will be doing a "White Elephant" gift exchange. If you or your loved one would like to join it is a maximum of \$10.00 gift and we will plan, shop and wrap each person's gift for the exchange game.

\*ACTVITIY IS SHOPPING, \$10.00 WILL BE FOR A GIFT FOR THE PARTY.

#### Phoenix ZOO (Dates: 12/4, 12/11, 12/18 [\$40.00])

1051 N Dobson Rd, Mesa, AZ 85201

Each group will spend some time at the phoenix zoo!

\*ACTIVITY IS \$40.00 FOR ENTRY; Food/Drinks not included.

#### Queen Creek Botanical Garden (Dates: 12/5, 12/12, 12/19, [\$12.00])

25002 S 206th St, Queen Creek, AZ 85142

Each Group will check out the valley's newest Botanical Garden! We will have a tour with a local horticulture specialist to explain the over 200 species of desert plants the garden has to offer.

### **Holiday Celebration!**

500 S Gilbert Rd, Gilbert AZ 85296

Hot cocoa, music, activities, snacks and a white elephant exchange! Most importantly, sharing joy with all our close friends in the program.

**GROUP:**