SEPTEMBER 2024

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
HAPPY LABOR DAY	3 Culinary : Avocado Toast Fitness : Kenzies Fitness & Hotworx	4 Community: Superstition Mall Activity: Science Experiment	5 Community : Barnes & Noble Fitness : Hotworx	6 Culinary: Chicken Enchiladas Social: Movie & Emporium Community: Thrift Stores	7	8
9	10	11	12	13	14	15
Community: Grocery Shopping Social Skills: Speeches/ Morning Meeting Activity: Kahoot	Culinary: Chicken Salad Sandwich Fitness: Kenzies Fitness & Hotworx	Community: MCC Planetarium Activity: Science Experiment	Community: Hansel & Gretel Puppet Show Fitness: Hotworx	Culinary: Spinach Quiche Social: Movie & Emporium Community: Thrift Stores		
16	17	18	19	20	21	22
Community: Grocery Shopping Social Skills: Speeches/ Morning Meeting Community: Beetlejuice	Culinary : Lasagna Fitness : Kenzies Fitness & Hotworx	Community: Beelejuice Activity: Science Experiment	Community: Bookmans Fitness: Hotworx	Culinary: Tuna Melt Social: Movie & Emporium Community: Thrift Stores		
23	24	25	26	27	28	29
Community: Grocery Shopping Social Skills: Speeches/ Morning Meeting Community: Fat Cats Bowling & Mini Golf	Culinary : Chicken Stir Fry Fitness : Kenzies Fitness & Hotworx	Community: Fat Cats Bowling & Mini Golf Activity: Science Experiment	Talent Showcase!! Parents & Guardians Welcome!!	Culinary: Quinoa Salad Social: Movie & Emporium Community: Thrift Stores		

Empowered Adult Services

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monthly focus activities in addition to creative projects that are member & provider led!! Activities change daily. Activity choices continue on site for members who are not in the

community

Talent Exploration: Cooking/ Baking, Magic, Costumer Design, Science Experiements, Art, Music, Dance, Decorations, Book Reports, product designm, etc **Workshop:** talent showcase stage decorations, talent show costumes, STEAM builds **Art:** personal art display, puppets, all about me, comic strip, diorama **Culinary:** baking experiments **Social:** UNO, board games, wii, bingo, kahoot, cards, etc **Fitness:** Wii sports tournaments, basketball, air hockey, foosball, just dance, Zumba, walks, yoga, pilates, bodyweight exercises, meditation **Life Skills:** dishes, mopping, vacuuming, windows/mirrors, sweeping, sanitizing **Technology:** book report, research projects of interest, write a story/ book, illustrate a story/ book, design a product, coding, etc